

Bullying in Schools

Eli Ulmer and Mara Childs
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Reasons for Bullying

- Low self-esteem
- Need for validation
- Wanting to be “good enough”
 - Academic “sparring”
 - Social status and popularity
- Social insecurity
- Peer pressure
- Unintentional participation



How does it affect learning?

- Impacts three groups
 - Bully
 - Victim
 - Witnesses
- Others feel unsafe
 - Bullying creates an unsafe environment
 - Makes kids miss school and can distract kids from learning
 - Can cause depression, anxiety, and general feelings of stress



Cyber Bullying

- Anonymous Question Sites
 - Ask.fm/Formspring
- Facebook
 - Messages, pages, fake accounts
- Twitter
- Texts, IMs, etc.

The logo for ask.fm, featuring the text "ask.fm" in a white, lowercase, sans-serif font. The ".fm" portion is highlighted in a bright green color. The logo is centered on a dark blue rectangular background.The Facebook logo, consisting of the word "facebook" in a white, lowercase, sans-serif font. A small registered trademark symbol (®) is located at the end of the word. The logo is centered on a dark blue rectangular background.The Twitter logo, featuring the word "twitter" in a white, lowercase, sans-serif font. To the right of the text is a white silhouette of a bird in flight, facing right. The logo is centered on a bright blue rectangular background.

Girl Culture Bullying



totalfratmove.com

- Lack of a physical outlet - bullying takes a more subtle form, usually verbal
- “Mean Girls” overdramatizes the world of girl fighting, cliques, manipulation, and lies that girls use to climb the social ladder
- *Queen Bees and Wannabes* by Rosalind Wiseman
 - “Girls often pretend they are venting or getting advice from a friend when they’re gossiping.” (199)
 - “When a girl leaves one group for another, the friends she’s left behind feel rejected. But they often cover that feeling by convincing themselves they should be angry at her for being ‘stuck up’ and ‘fake.’” (195)

How can it be prevented?

- Teaching of equality
- The importance of respecting one another
- Focusing on the root of the problem instead of the visible outcome
- Helping young adults embrace diversity in school can help create a more comfortable environment.

Gaining social skills at a young age

- Helps kids cope with stressful social issues
- Allows for kids to make better social responses in a hostile situation
- Sets up a comfortable school climate and allows other students to see the signs of bullying and react positively



Students and Solutions

- Changing a culture at school to change behaviors
- Influencing friends to change positively
- *Choose Love* - Houston Kraft, a motivational speaker who focuses on loving others unconditionally
- John Norlin and Servant Leadership, the use of the Servant's Heart and the leadership model in *The Servant* by James C. Hunter
- WASC, Interhighs, Josten's Conference - the sharing of these ideas and events that promote community



Students and Solutions (cont.)

- Student participation in actively combating bullying is important, since students often know best.
- The resolution encourages student involvement with anti-bullying policies.
- We believe that this will greatly increase the effectiveness of these anti-bullying resolutions, as students have insight into everyday life at school, whereas adults see it from a spectator's view.